

EBP Resources



Evidence-Based Practice (EBP) requires us to identify and make use of the highest-quality, scientific evidence as one component of our efforts to provide optimal patient care.

"EBP implies not that we upend everything that we know, but rather that we upgrade our knowledge base in response to particular clinical questions in a judicious and conscientious manner described in the definition of EBP" (Dollaghan, C., *ASHA Leader*, April 13, 2004). Clinicians may feel overwhelmed at the seemingly daunting task of finding EBP data. One suggestion is to focus on evidence from "high-yield" resources that are directly applicable to clinical practice. Ten user-friendly websites are listed below.

1. guideline.gov A national guideline clearinghouse that lists free resources and EBP guidelines. Co-sponsored by the Agency for Healthcare Research and Quality
2. ncbi.nlm.nih.gov A free site sponsored by the U.S. National Library of Medicine. Includes over 17 million citations from Medline and other life science journals
3. asha.org/membership/ebp ASHA's EBP Compendium of Clinical Practice Guidelines and Systematic Reviews
4. asha.org/policy The official documents of ASHA organized by topic
5. journals.asha.org ASHA members have full-text access to the ASHA journals. Everyone else has access to the abstracts of the articles.
6. rcslt.org/resources/clinicalguidelines The professional organization of speech-language therapists in Great Britain has developed a comprehensive reference volume of clinical guidelines.
7. campbellcollaboration.org/ECG/index.asp An international network of social scientists organized for the purpose of producing, maintaining, and disseminating systematic reviews of evidence. One area of focus is education.
8. ancds.org/practice.shtml The Academy of Neurologic Communication Services & Disorders website provides practical guidelines for management of neurological disorders.
9. eric.ed.gov The Education Resources Information Center, sponsored by the U.S. Department of Education, gives free access to bibliographic records of journals and other education-related materials.
10. nichcy.org/resources/researchspecificdisab.asp The National Dissemination Center for Children with Disabilities provides a listing of research-based resources on specific disabilities.

Evidence-based practice integrates current best evidence, clinical expertise and experience, and client/family input to provide the best clinical service to each client. For more information about EBP, download a free copy of *LinguSystems Guide to Evidence-Based Practice* at linguisystems.com

