



Strategies for Auditory Memory

Many times our clients with language-based disabilities struggle to recall, retain, or process auditory information. Here are some practical ways to help them organize and recall auditory information.

Chunking	dividing a large group of words, numbers, or items into smaller units
<i>Goal</i>	<i>The client will learn to remember auditory information by breaking large groups of material into smaller, related units or categories.</i>
Creating Lists & Taking Notes	writing or recording information on paper
<i>Goal</i>	<i>The client will learn to remember auditory information by using a visual aid.</i>
Graphing & Charting	using visual graphs and charts to represent and organize information presented orally
<i>Goal</i>	<i>The client will learn to remember auditory information by using visual aids and organizers.</i>
Identifying Key Concepts	identifying the most important points of material presented orally
<i>Goal</i>	<i>The client will learn to remember information by selecting only the critical parts of material presented orally.</i>
Linking & Associations	identifying similar traits or characteristics that exist among lists, sequences, and directions
<i>Goal</i>	<i>The client will learn to remember auditory information by tying material together.</i>
Paraphrasing	restating material spoken aloud
<i>Goal</i>	<i>The client will learn to remember information presented orally by processing, comprehending, and paraphrasing material in her own words.</i>
Rehearsing & Subvocalizing	repeating words or sentences quietly to oneself
<i>Goal</i>	<i>The client will learn to remember words, sentences, lists, and notes presented orally through repeated exposure.</i>
Visualizing	using mental pictures to represent material presented orally
<i>Goal</i>	<i>The client will learn to remember auditory information by using more than one modality.</i>