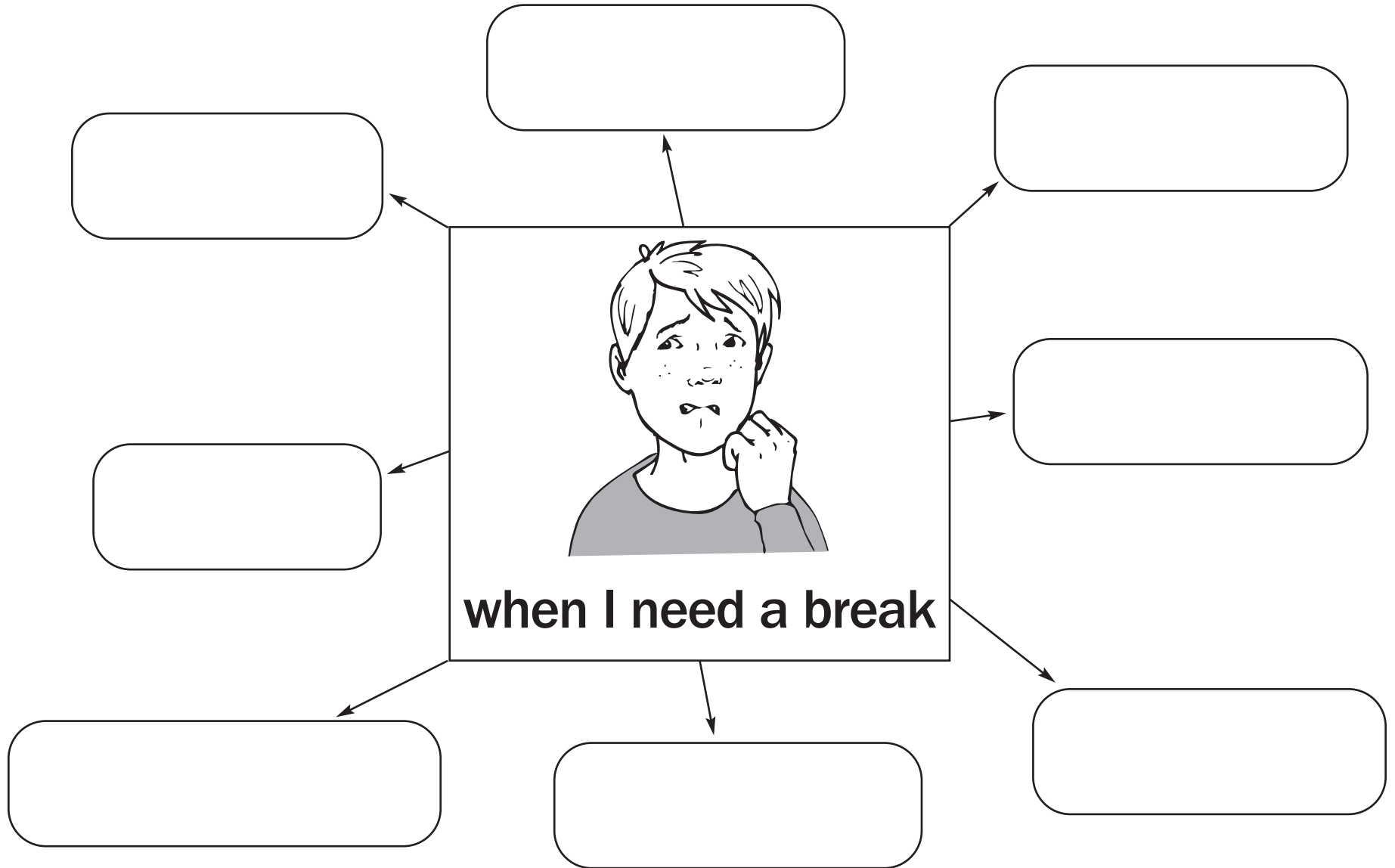


# Things I Can Say When I Need a Break

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# Things I Can Do When I Need a Break

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when I need a break

Eight empty rectangular boxes for writing, each connected to the triangle by an arrow.